STRONG WOMEN….

Women have strengths that amaze men.

They bear hardships and they carry burdens. But they hold on to happiness, love and joy.

They smile when they want to screamand sing when they want to cry.

They cry when they are happy and laugh when they are nervous.

They fight for what they believe in and they stand up to injustice.

They don't take "no" for an answer when they believe there is a better solution.

They go without so their family can have more.

They go to the doctor with a frightened friend.

They love unconditionally.

They cry when their children excel and cheer when their friends get awards.

They are happy when they hear about a birth or a wedding.

Their hearts break when a friend dies.

They grieve at the loss of a family member yet they are strong when others have no strength left. They know that a hug and a kiss can heal a broken heart.

Women come in all shapes, sizes and colours.

They'll drive, fly, walk, run or email you to show how much they care about you.

The heart of a woman is what makes the world keep turning.

They bring joy, hope and love.

They have compassion and ideas.

They give moral support to their family and friends.

Women have vital things to say and everything to give.

HOWEVER, IF THERE IS ONE FLAW IN A WOMAN, IT IS THAT THEY FORGET THEIR WORTH.

These words were sent to the Memory Book website. We don't know where they come from but thank the author and the sender and hope they will give pleasure and hope to many more women.